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## Gluten-Free Product Testing: Comfort Bars

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Scores: (1-5, 5 being the best)

**Taste** ★★★★★

All three flavors were outstanding. My personal favorite was the White Chocolate Cherry Chip, however our other testers picked the other flavors as their favorites. Unlike other "power, protein bars", these bars don't have that "power bar taste".

**Texture** ★★★★★

The texture was very good -some-what similar to what you'd expect out of a nutritional bar, but without a gritty texture that you might find in most bars.

**Storage** ★★★★★

These individually wrapped bars will store perfectly in your pantry. Or if you're on the go, toss one in your purse, briefcase or workout bag for a great healthy snack. (Boy, I feel like I'm writing an advertisement for Comfort Bar!).

**Availability** ★★★★★

You can find Comfort Bars in many retail locations in the western US. For a complete listing visit [www.comfortbar.com](http://www.comfortbar.com). You can also purchase Comfort Bars on-line through their affiliate "The OaksStore".

**Overall Score(4.75)** ★★★★★

I must say I was very impressed with Comfort Bars. A great find for just about anyone - moms, dads, athletes, kids and basically anyone looking for a quick, healthy, satisfying snack that actually tastes good.

-Glutenfreeda



### Product Tested: Comfort Bars

Manufactured for:  
Comfort Bar  
[www.comfortbar.com](http://www.comfortbar.com)  
[info@comfortbar.com](mailto:info@comfortbar.com)

This month we tested all three flavors of Comfort Bars – Italian Chocolate Vanilla Almond, Italian Chocolate Orange Almond and White Chocolate Cherry Chip. All three bars were great. These bars are high in protein (15g) and fiber (5g) and are made with quality natural ingredients. All Comfort Bars are wheat-free, gluten-free, cholesterol free, and contain no sugar alcohols, no transfats and no corn syrups. They also have a low glycemic index, so for many diabetics might find these bars to be a satisfying snack that won't spike their blood sugar. As if that wasn't enough, they are also low in calories, fat and sodium! But the best part is that they taste great. We even tested these bars on children to see what their reaction was and they really enjoyed them as well (all flavors).

#### ITALIAN CHOCOLATE VANILLA ALMOND

Ingredients (Kosher): Organic brown rice syrup, organic agave syrup, organic tapioca syrup, lactose-free whey protein isolate, non-gmo soy protein isolate, organic chocolate coating (organic cocoa paste, organic cocoa butter, organic milk powder, organic evaporated cane juice, organic non-gmo soy lecithin, organic natural vanilla), non-gmo soy crisps (soy protein isolate, soy flour), almonds, cinnamon, natural fruit, natural flavors, non-gmo soy lecithin, salt. \*Digestive support: inulin fiber, organic aloe vera. (\*This product is not intended to treat, diagnose, cure or prevent disease). Contains: soy, milk, almonds.

#### ITALIAN CHOCOLATE ORANGE ALMOND

Ingredients (Kosher): Organic brown rice syrup, organic agave syrup, organic tapioca syrup, lactose-free whey protein isolate, non-gmo soy protein isolate, organic chocolate coating (organic cocoa paste, organic cocoa butter, organic milk powder, organic evaporated cane juice, organic non-gmo soy lecithin, organic natural vanilla), non-gmo soy crisps (soy protein isolate, soy flour), almonds, natural fruit, natural flavors, non-gmo soy lecithin, salt. \*Digestive support: inulin fiber, organic aloe vera. (\*This product is not intended to treat, diagnose, cure or prevent disease). Contains: soy, milk, almonds.

#### WHITE CHOCOLATE CHERRY CHIP

Ingredients (Kosher): Organic brown rice syrup, organic agave syrup, organic tapioca syrup, lactose-free whey protein isolate, non-gmo soy protein isolate, organic chocolate coating (organic cocoa paste, organic cocoa butter, organic milk powder, organic evaporated cane juice, organic non-gmo soy lecithin, organic natural vanilla), non-gmo soy crisps (soy protein isolate, soy flour), natural fruit, natural flavors, non-gmo soy lecithin, salt. \*Digestive support: inulin fiber, organic aloe vera. (\*This product is not intended to treat, diagnose, cure or prevent disease). Contains: soy, milk.

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